



# 2026 OPSSA Cross Country

## Year 5 & 6 Course Description

- ① From the start follow the track around the outside of the field.
- ② Follow the path past the gym and towards the bridge.
- ③ Cross the bridge and turn left.
- ④ Follow the track down the lane keeping to the right.
- ⑤ Turn right and follow the track up the bank.
- ⑥ Turn at the barrier and follow the track back down the bank.
- ⑦ Turn right at the bottom of the bank and through the gateway.
- ⑧ Follow the track up the bank of the backfield.
- ⑨ Follow the track around the outside of the field.
- ⑩ After the wooden fence, follow the track down through the trees.
- ⑪ Follow the track up the bank and back onto the flat.
- ⑫ Through the gateway and follow the track keeping right.
- ⑬ Follow the track back down the lane.
- ⑭ At the barrier turn right and cross the bridge.
- ⑮ Turn right off the bridge and follow the path behind the buildings.
- ⑯ Follow the track past the start area and around the top of the field.
- ⑰ Turn left at the barrier and into the finish straight.

Distance approximately 2 km

